From the Desk of the Director

Climate change is a new reality that the world today needs to live with. Scientists predict that Earth temperature will increase 2 degrees Celsius by the year 2040. They also predict that rainfall will be less, agriculture lands will shrink, food prices will rise, and Africa will be the most affected continent by these changes. We can predict that there will most likely be more droughts, more crop failure, and more hunger and famines as a result.

Adapting to the new situation is crucial to life preservation, especially in the most affected areas in Africa like the “Horn” region. One of the adapting strategies recommended by scientists and economists for Africa is to grow crops that tolerate more heat and less rain. They also recommend that Africa should expand its access to energy. Traditional energy sources for the large part of Africa’s rural areas and refugee camps are charcoal for cooking and kerosene for lighting. These types of energy are not only harmful to health and to the environment, but they are becoming more expensive as deforestation spreads and the demand for energy increases in Africa.

Since the equator passes over the Horn of Africa, solar energy is one of the very promising energy sources for this region. We at ARAHA realized this fact and have made it part of our strategic plan to develop projects that take advantage of this energy to ease the daily living hardships of needy families in the region. We decided to focus on providing solar light and solar stoves. Walking long distances to collect wood for cooking is a daily chore for millions of families in the Horn. Lack of light after sunset is another daily hardship. Lack of light does not only limit the movement in villages and refugee camps and make life more difficult but also affect children’s education and health, since they have to study with a kerosene light while inhaling its smoke.

As a start, we are pleased to partner with Shahjee Solar International, a US California based organization to provide 200 families in Sudan with solar stoves that cook food using only the sun’s energy. The stove is lightweight, portable, water & tear resistant and uses zero fossil fuels. It produces zero emissions and a child can set it up within seconds.

We need your support on this new endeavor. With only $50, you can provide a solar stove to a needy family in the Horn.

Thank you always for your continuous support.

Mohamed S. Idris
Executive Director

ARAHA Headquarter News

What We’ve Been Up To...

Audit Report

Financial health is the cornerstone of a strong organization. We’re proud to announce that the independent firm we hired to review last year’s finances have given us a clean bill of fiscal health following their rigorous one-month audit.

New Staff at ARAHA

Two exceptional staff members; Jessica Zikri and Yura Fora have left a great impact upon ARAHA. They have continued to move on throughout life’s journeys. We thank them both for the hard work that they have done and hope the best for their future and careers.

We are proud to announce two new employees at the headquarters. Kadra Abdi joins the team as the ARAHA Program Coordinator. Tamer Abdelaziz will work as the Fundraising and Marketing Coordinator. We wish them all the best with their responsibilities and hard work ahead of them.

InterAction

ARAHA has joined InterAction in 2013. InterAction is the largest coalition of US based organizations (about 180 members) that work around the world. Members of InterAction are held to high comprehensive standards in their work. Joining InterAction will help ARAHA to correlate and partner with over 180 organizations across the country.

Lighting the Way’s Campaign

In July of 2013, volunteers Muna & Munira Khalif had a successful 1st Annual Benefit Dinner through a campaign of ARAHA called “Lighting the Way’s”. The dinner was held to raise enough money for a library in their home country of Somalia. They were able to invite more than 80 people to this event, along with guest speakers of high prestige to educate the attendees about the importance of educating women, especially those in the Horn of Africa. The sisters were able to raise more than $8,000. Muna and Munira are connecting the East African community here in Minnesota and are great role models for our youth. On behalf of ARAHA, we thank them both for their time and effort.
ARAHA in Action

Eid Gifts to 700 Orphans

Orphans got their chance to rejoice during the Eid-ul-Fitr celebration with gifts from donors right here in America. ARAHA was able to distribute 600 gifts to children in Sudan and 100 gifts in Somalia.

Sudan Flood Relief

In August of 2013, Sudan was overtaken by a severe flood that affected more than 574,000 people (according to UN report). Over 110,000 houses were damaged or destroyed leaving thousands of people displaced.

Our representatives in Sudan spoke with locals to see exactly what their needs were. The families had asked for tents and mosquito nets for protection, as their homes had been destroyed by the floods, leaving them vulnerable to the hot sun during the day and the insects during the night.

ARAHA answered to the request of the locals by providing 100 families with tents and mosquito nets. These tents were pitched and setup for the families during the month of August 2013, at one of the towns that were struck by the flood called Marabeea, in Khartoum state.

Containers to Somalia & Ethiopia

ARAHA and its partner, Life for Relief & Development, shipped 10 containers of which contained seeds, books and furniture; as a donation for educational institutions such as high schools, colleges and universities of Somalia and Ethiopia. The total value of these containers were more than $7M.

Holy Land Brings Education to Boys in the Horn

For the first time at Shegerab, the boys will get to be going to school as well. This was made possible with a generous donation and commitment from our dear neighbor Mr. Majdi Wadi, owner of Holy Land Bakery & Deli in Minnesota. In 2010, ARAHA opened a school there in the refugee camp which focused on educating girls. As of July 2013, the boy’s school has opened up there during the afternoon/evening-time, opposite of the girls shift in the morning.

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**Food and Water**

**Solar Stove Project**

A Sudanese woman prepares solar stove for cooking

The Solar Stove is a solar cooker that will cook virtually any food using nothing but natural sunlight. This stove is the most cost effective portable solar cooker available and the design is already being used in South America, Africa, and all over the world. It cooks food with only the sun’s rays!

ARAHA has partnered with Shajee Solar International and has sent at least 200 of these to Sudanese women in need. We will conduct a survey and evaluation at the end of the project to determine if ARAHA will scale up the project to a larger population.

Shahjee Solar Stoves ready to be delivered to the women of Sudan

The world of relief and development is implementing newer strategies to heal the planet while saving the environment and creating more sustainable efforts. ARAHA is dedicated to finding more efficient ways to relieve those in the Horn of Africa.

**EMC Water Wells**

Completion of EMC Rahma water well

Water is considered a gift of life for all. There is more than enough fresh water in the world for domestic use, agriculture and industry; however, the poor are largely excluded from this globally recognized “human right.” In rural settings, women and children have traditionally been burdened by the responsibility of walking for hours each day to collect water. With a close-by well, girls can once again go to school and mothers can have more time for social and educational pursuits of their own.

Community members proudly holding a sign for Eman Water Well

The Eritrean Muslim Council (EMC) made a generous contribution to ARAHA for building two water wells in Wadshareefay refugee camp. The people of the camp suffer from shortage of water, in addition to its large population. Wadshareefay is one of the first areas to receive Eritrean refugees once they cross the border into Sudan. These water wells will benefit more than 5,000 individuals.
Developing Opportunities

Dairy Goat and Cow Distribution

One of our most popular sustainability projects is the granting of dairy animals to families in need. Part of the reason people like to give dairy goats and cows is because it’s such a simple yet effective way to help a family lift themselves out of poverty. Nourishing milk from the animals supplements the family’s food sources, and the sale of additional milk (especially in the case of cows) can cover expenses like clothing and school fees.

Sustainable Projects

These projects promote self-reliance by helping beneficiaries generate an income. Change a family’s prospects today—grant an income-generating project at www.araha.org.

Donkey Cart
This vehicle is used to transport goods and people. It can generate enough income to cover the expenses of a family of 6 to 7 people.
Cost: $700

Dairy Cow
A dairy cow will provide milk to a family’s children and will allow them to sell milk to cover their monthly expenses.
Cost: $500

Dairy Goats
These goats become a source of milk for a poor family and their children and allow them to generate income from selling milk.
Cost: $200 (for two goats)

Water Tanker
A water tanker allows a family to secure their own drinking water and sell water in their community. The expected income that the family receives from the water tanker is $100 a month. Cost: $750

ARAHA can be reached at:
Phone: (763) 270-5351
Toll-free: (866) 99-ARAHA
Fax: (763) 270-5349
E-mail: info@araha.org
Web: www.araha.org
Office: 3900 Jackson St. NE
Columbia Heights, MN 55421

Space Available
ARAHA currently has large office space available for rent. We’d love to be your neighbor! Contact us for details.
**WHAT?**
is ARAHA’s mission

*ARAHAs* mission is to strive to alleviate the suffering from hunger, illiteracy, disease, and poverty in the Horn of Africa as well as to help the East African community in Minnesota.

**WHERE?**
do we work

The Horn of Africa has become the land of hunger, war, famine, and disease. It is one of the poorest regions in the world, and ongoing droughts continue to plague this region. Long wars and ethnic conflicts have further complicated the already deplorable situation.

United Nations most recent studies estimate that 16 million people in the Horn of Africa are in urgent need of food and other humanitarian assistance.

**WHY?**
the Horn of Africa

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**WHEN?**
was ARAHA started

ARAHAs was formed in the year 2000.

For over a decade, ARAHA has been delivering the essentials necessary to provide relief to those suffering in the region from drought, disease, hunger and illiteracy. ARAHA also helps families lift themselves out of the cycle of poverty by developing opportunities for them to generate income and educate their children.

**HOW?**
do we help

- **ORPHAN SPONSORSHIP**
  - Millions of children are orphaned due to war, famine, HIV/AIDS, and drought in the Horn of Africa. Our sponsorship provides basic food, clothing, and school fees to ensure that children who have lost their parents are able to stay in school and have hope for a better future.

- **INCOME GENERATION**
  - ARAHA has developed several projects like water tankers and dairy cows which promote self-reliance by helping beneficiaries generate an income. By making their own money, families don't need to wait for another round of emergency aid to feed or clothe their children.

**the numbers**

- **annual revenue**
  - 

- **no. of projects**
  -
ARAHA’s goal is to give families the opportunity to help break the cycle of poverty in the Horn of Africa through the building and maintenance of schools and computer labs, distributing textbooks and other essential supplies, and paying teacher salaries.

Over 50,000 people are served by ARAHA’s food distributions each year. We employ a rigorous process of working with local officials and trusted community representatives to identify the specific families that would benefit the most from our regular food programs.

ARAHA works tirelessly to help those in the Horn who struggle to find water on a daily basis. Thousands of people and livestock now have easy access to water that is necessary to sustain life, thanks to the dozens of shallow, hand-dug wells ARAHA builds each year.

ARAHA brings relief to thousands in East Africa when drought, disease, or famine come to the region. Whether it’s setting up a mobile cholera clinic on the ground or delivering emergency water rations during severe drought seasons, our goal is to reach as many people as possible when disaster strikes the Horn.

ARAHA got its start in 2000 when concerned individuals decided that they could do something to help the people suffering in the Horn of Africa. They reached out to their friends and families for donations to start their first projects and used a home office for the administrative operations. Without the visionary leadership and hard work of these founders, ARAHA would not be here today.

From the first person to pledge their support over ten years ago to the youth dropping cash into the boxes at conventions and events, every single ARAHA donor is an honored and valued part of this organization. We can’t say thank you enough to the thousands of people throughout the years who have put their trust in ARAHA to help those in need in the Horn of Africa region.

ARAHA volunteers built this organization and continue to support our work in many ways. Whether helping to collect donations, stuffing envelopes for our mailings to our supporters, or staffing our tables at bazaars, the continued dedication of our volunteers is critical to our success.

Our operations have grown significantly over the years, leading to the hire of full and part-time staff both here at the headquarters office as well as in our field offices in Africa. The people employed by ARAHA bring passion to their important work and carry a sense of obligation to the people we serve. Their contributions cannot be overstated.

Support ARAHA by giving what you can to save lives in the Horn of Africa.

Be a part of ARAHA by lending some time, energy, and skills to our work.

Spread the word about ARAHA to your friends, family and colleagues.

Support ARAHA

Be a part of ARAHA

Spread the word

- 139 Water wells built
- Food distributed to over 361,510 people
- Over $15.3 Million in medicine, medical supplies, books and seeds shipped
- Built two schools in refugee camps in Sudan and a rural village in Ethiopia
- Established computer labs in five high schools
- More than 160 orphans sponsored
- 765 families granted income-generating projects
- Hundreds of families given clothes, school supplies, shelters, and more.

e-mail us: info@araha.org

call us: (763) 270-5351 or 1-866-99-ARAHA (toll-free)

write us: P.O. Box 141117, Minneapolis, MN 55414-9981

www.araha.org
ARAHA is a nonprofit humanitarian organization based in Minneapolis, MN. For over a decade, the American Relief Agency for the Horn of Africa has been delivering the essentials necessary to provide relief to those suffering in the region from drought, disease, hunger and illiteracy. ARAHA also helps families lift themselves out of the cycle of poverty by developing opportunities for them to generate income and educate their children.

ARAHA provides humanitarian aid where it is needed; builds family shelters and community wells; administers a program that sponsors orphans and families; supports education; and collects and distributes charitable donations.

ARAHA’s programs serve those in need regardless of race, ethnicity, creed, religion, or any other discriminatory factor.

ARAHA is a registered 501(c)3 organization and, as such, all donations are tax-deductible. Federal Tax ID #41-1989714.